

KNOW BEFORE YOU GO



Road Closures:

- The following roads and exits will be CLOSED for an event at FDR park on Sunday, April 26 from 7:30 AM – 10:00 AM
 - **Broad Street Southbound Lane** (*Starting around Hartranft Ave going southbound*)
 - **Pattison Avenue** (*Between S 20th Street and S. Broad Street*)

If you are arriving between 7:30 AM – 10:00 AM, please use:

- I-95 South to Exit 17 Entrance to the Navy Yard
- 26th Street Entrance to the Navy Yard via I-76 or Penrose Ave.
 - *To access the 26th **Street Entrance to the Navy Yard**, please use **I-76** or **Penrose Ave** to League Island Blvd. then turn left to get to the main area of the Donor Dash!*

DONOR DASH IMPACT:

1. I-76/Penrose Ave to 26th Street Entrance will be OPEN
2. I-95 SOUTHBOUND Exit 17 will be OPEN
3. **I-95 NORTHBOUND Exit 17 will be IMPACTED**
 - The exit will be open, but Zinkoff Blvd for the U-turn onto S. Broad St to enter Navy Yard will be CLOSED for southbound traffic 7:30am – 10am
 - **West/South of the Navy Yard Directions (Pennsylvania/Delaware)**
 - **From I-95 North – USE EXIT 13**
 1. Take I-95 N to PA-291 E/Penrose Ave
 2. Take exit 13 for PA-291 W toward I-76 W/Valley Forge
 3. Continue on PA-291 E/Penrose Ave
 4. Turn right onto S. 26th Street to enter the Navy Yard



Registration:

Online 10K/5K race registration closes on Monday, April 20th at noon. Individuals can register in person on the day of the Dash starting at 8am by visiting the on-site registration tent. Day of race registration is \$45.

Online 3K walk registration closes on Saturday, April 25th at noon. Individuals can register in person on the day of the Dash starting at 8am by visiting the on-site registration tent. Day of walk registration is \$40 for adults and \$25 for ages 6-13.

Changing Your Event:

To change your event type, please email dash@donors1.org with subject line “DONOR DASH EVENT CHANGE” **by Saturday, April 25th at noon** with your full name and which event you’d like to transfer to. All other event type transfers can be done on-site at the Donor Dash on April 26th. You can also email dash@donors1.org.

10K and 5K runners are welcome to participate in the 3K walk after the completion of their race at no additional charge.

Race bibs cannot be transferred from one attendee to another.

Packet Pickup (OPTIONAL):

You can pick up your Donor Dash materials (t-shirt and 10K/5K running bib) before the event at Gift of Life Donor Program (401 N. 3rd Street, Philadelphia, PA 19123; free parking within our lot) during the below dates/times:

- **Friday, April 24 4pm - 7pm**
- **Saturday, April 25 9am - 1pm**

Team Captains that RSVP’d by will have their team’s shirts and running bibs pre-packaged for them. Please note, when you pick up materials for your team members, you will be responsible for distributing the items. For team pickup, only participants registered by April 20 at noon will be included in your materials. *Virtual attendees will have their shirts mailed to them.*

Any materials not picked up at packet pickup will be available for individuals to pick up at the Donor Dash.

We will be accepting in-kind [donations for Howie’s House](#) at packet pickup and the Donor Dash!

Awards & Contests

- [Largest Community and Corporate Teams](#) will be contacted the week of the Donor Dash! All people registered for their team between now and Monday, April 20 at noon will count toward their team's total. Winners will receive a large tent with tables and chairs for their team.
 - Congratulations to our largest 2026 Donor Dash Teams!
 - Corporate Team – Team Penn Medicine
 - Community Team – Shousky's Sailors
- [Team T-Shirt Contest](#) voting will be on the [Gift of Life Facebook page](#) from Monday, April 21 – Friday, April 25. The shirt with the most likes wins a trophy during the stage show at the Donor Dash along with a dedicated feature on Gift of Life's Facebook Page!
- [ALL Race award winners](#) will be mailed to the award winners after the Dash! Every 5K/10K participant will receive a finisher medal after their race by the finish line. QR codes with race results will be available on-site, or you can [click here for the live results!](#)
- Individuals who opted in for [Fundraising Incentive Prizes](#) have until Friday, May 8 to reach their fundraising goals! Incentive prizes will be mailed out to winners AFTER the Donor Dash in early June.

DAY OF THE DONOR DASH



Where To Go:

[Marine Parade Grounds](#)

Philadelphia Navy Yard

4747 S Broad St, Philadelphia, PA 19112 (Enter at Constitution Ave & 13th Street)

Click here to view the [Marine Parade Grounds Site Map](#)

Parking:

There is [free street parking](#) around the Navy Yard campus, along with parking in the following lots, thanks to our parking sponsors! Parking in the below lots will begin at 7:30am. Overnight street parking is not allowed. **Parking attendants through SP+ will assist with parking cars in an orderly manner. Please follow their instructions.**

- [URBN Lot](#) – 300 car lot on Kitty Hawk Ave & 13th St
- [US Navy Lot](#) – 300 car lot on Constitution Ave & 13th St
 - *Do not park in spots reserved for Government Vehicles and Navy Fire & Police*
- [Ensemble Lot](#) – 300 car lot on Intrepid Ave & 13th St
- [Carpenter's Union Lot](#) – 1,000 car lot on League Island Blvd. and Crescent Drive

We encourage carpooling for groups attending and allow extra time for parking as we anticipate large crowds! **Parking is first come, first served.**

*Note that the parking lots are private and reserved for Navy Yard businesses. Please do not park in unauthorized lots. **Parking in unauthorized lots may result in your vehicle being towed.***

Streets along the [race route](#) will close to traffic between 8:45am – 1:30pm. Please note if you are parking on the following streets, you will not be able to move your vehicle until after roads reopen. **These are great places to park if you're arriving before 9am and staying all day at the Donor Dash:**

S. Broad St.

Admiral Peary Way

Kitty Hawk Ave. (between League Island Blvd. and Broad St.)

Rideshare Access

If you are going to use rideshares or a taxi, use the address **1 Crescent Drive, Philadelphia, Pennsylvania, 19112** and walk down South Broad Street or 13th Street to the Marine Parade Grounds.

Public Transit, Pedestrian & Bicycle Access:

The Navy Yard is bike friendly with bike lanes and bike racks throughout the Navy Yard. Two [Indego Bike Share](#) stations are located inside the Navy Yard, two are located at [NRG Station](#) (Broad St. & Pattison Ave.). The closest bike share station at the Navy Yard is at Crescent Park (1 Crescent Drive, one block north of the Marine Parade Grounds)

The closest [SEPTA](#) stop to the Navy Yard is the NRG station, the southernmost stop on the Broad Street Line.

If you choose to walk via Broad Street (one mile south from the NRG station), please use the sidewalk.

Site Map & Race Routes

- [Site Map](#)
 - The event space will open to the public at 8am
- [10K/5K Race Route](#)
 - *The 10K and 5K races are for runners. **If you intend on walking, especially in groups, we encourage you to switch to the 3K walk for the safety of the 10K runners that will be lapping behind you***
 - ***Strollers, wagons, and signs are NOT allowed in the 10K and 5K races for the safety of the runners***
 - *Medals are only for 10K and 5K race finishers. 10K and 5K runners will receive a **race finisher medal** at the finish line*
 - *10K and 5K runners can participate in the 3K walk after their events for free*
- [3K Walk Route](#)
 - *The 3K walk will be **at 11:15am***
 - ***Strollers, wagons, wheelchairs, and signs ARE allowed in the 3K walk***
 - *10K and 5K runners can participate in the 3K walk after their runs for free*

Pets

- We ask that participants leave all pets at home on the day of the event, unless it is a service animal.

Strollers & Wagons

- Strollers and wagons are not allowed in the 10K and 5K runs for the safety of runners.
- Strollers and wagons are allowed on the 3K walk.

Tents/Chairs

- Attendees are welcome to bring their own tents/chairs/blankets. If you choose to bring a tent, please ensure it is properly secured to the ground in case of wind. Tents can be set up on the top half of the Marine Parade Grounds, around the [Largest Team Tent and restrooms](#). Gift of Life is not responsible for lost or stolen items.

Weather

- The Dash is a rain or shine event. Registration fees are non-refundable and non-transferable. In the event of inclement weather (e.g., lightning) or other conditions that may affect the safety and health of participants, race officials reserve the right to delay, postpone or cancel the race.

Event Timeline:

8:00am – On-Site Registration, Pre-Registration, and T Shirt tents Open

9:15am – 10K Run

9:30am – 5K Run

10:15am – Kids Fun Run (ages 6 and under, sign up on-site)

10:45am – Stage Show, featuring performances by:

National Anthem sung by Evett Hawks, Transplant Recipient

Positive Movement Entertainment Drumline

11:15am – 3K Walk

12:15pm – Performance by Philadelphia School of Rock

1:30pm – Event End

What to Bring:

- Sunscreen
- Running Accessories
- Phone for taking pictures
- Team T-shirts if you made your own!
- Money for food trucks
- Donor Dash donations – turn in at the on-site registration tent
- Donations to the Howie’s House Shuttle
- New or gently used shoe donations for the Community Recycling Shoe Program

What to Do When You Arrive at the [2026 Donor Dash:](#)

- Enter the [Marine Parade Grounds](#)
- Head to the tents along Constitution Ave by the race start for check-in
 - Pre-Registration
 - Pick up your bib, then head to the T-Shirt tent for your t-shirt!
 - On-Site Registration
 - Register for the event if you didn’t yet, get your bib, then get your t-shirt!
 - Volunteer Tent
 - To get your volunteer assignment if you’re volunteering
- Grab your 2026 Donor Dash T-Shirt (*T-Shirts are for registered attendees!*)
- Check out the lawn games, face painting, and glitter tattoos in the Family Activity Area
- Sign up your kids (6 and under) for the Kids Fun Run at the Family Activity Area before 10:15am
- Pick up your Team Sign and take your Team Photo
- Stop by our Family Support Central to add your “I Dash For” to our Tribute Line
- Visit our Community Village to see all our great community partners in the area
- Grab some food or drinks at our food trucks. Food trucks are at the cost of the attendees.

Family Activity Area & The Kids Fun Run

- Check out our Family Activity Area at any point during the Donor Dash! Featuring:
 - o Face Painting
 - o Glitter Tattoos
 - o Lawn Games
- The Kids Fun Run (ages 6 and under) will be in the center of the Marine Parade Grounds on the grass at 10:15am! To sign up your child, please go to the Kids Fun Run feather flag in the middle of the Family Activity Area between 8am – 10:10 am. All kids in the Kids Fun Run need to have a parent/guardian sign a waiver before they can get their racing sticker.

Food Options

- Food and drink options will include free water, snacks, and Rita's Water Ice. Food trucks with items for purchase include, Brood Coffee, Piece of Fruit Smoothies, La Catrachita Taqueria, Federal Donuts, and Frios Gourmet Popsicles! Food trucks are at the cost of the attendees.
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Community Village

- We'll have dozens of local organizations at our Community Village!
- **Want to be entered into a raffle to win exclusive Donor Dash merch?** Pick up a stamp card at the Get Involved Tent or Community Village, stop by 10 Community Village tables to get your card stamped, and bring the card back to the Get Involved tent to put your completed ticket in the raffle jar! We'll select and email 5 winners in May to receive exclusive premium Donor Dash merch!

EMS

- EMS will be available on site, along with an [EMS Tent](#) with a red feather flag in front of it, located along the Broad Street side of the Marine Parade Grounds
- First aid kits will also be available in most tents. Emergency services will be on site.
- Please notify a volunteer in a Green Donor Dash crewneck if you need medical assistance.

Team Photos

- Team Signs can be picked up by the team captain at the [Team Sign Pickup](#) area along S. Broad Street! You'll be able to add starbursts to your sign (Donor Family, Recipient, Living Donor, On the Waiting List, Hospital Partner, or Advocate team)
- Teams created before Monday, April 13 will have a pre-printed sign for pickup. Teams created on or after Monday, April 13 can have a sign printed on-site.
- After picking up your team sign, head over to our [Team Photos Area](#) to get your official Donor Dash team picture with our photographers! We will have bleachers for larger teams to take group pictures, along with a balloon arch for smaller groups. Team Photos will be added to the Gift of Life Facebook page after the Donor Dash!

Restrooms & Surrounding Buildings

- We will have port-o-potties along Intrepid Ave for public use, with ADA accessible options and hand wash stations. We do not have access to surrounding buildings for the use of their facilities. Please do not sit or leave property on the steps or porches of the surrounding buildings.

Lost & Found:

- Lost & Found will be in the [Volunteer Check-In Tent](#)

Virtual Attendees

- Anyone registered for virtual by Monday, April 13 had their t-shirts mailed to them before the Donor Dash.
- Any virtual participants who register after April 13 will have their shirts mailed after the Donor Dash.
- If you are running virtually, you can upload your run times below. After, we'll mail you a 2026 Donor Dash finisher medal!
 - o Print your [VIRTUAL Race Bib](#) here
 - o Upload your [Virtual Race Times](#) Here

More Questions?

Check out the [Donor Dash FAQs](#) or email dash@donors1.org