



29TH ANNUAL GIFT OF LIFE DONOR DASH

5K Run | 10K Run | 3K Walk
Sunday, April 26, 2026
Philadelphia Navy Yard

FREQUENTLY ASKED QUESTIONS

GENERAL EVENT QUESTIONS

How much does it cost to register for the Dash?

3K Walkers (Ages 6-13): \$20

3K Walker: \$35

5K Runner: \$40

10K Runner: \$40

Virtual Walker/Runner: \$35

What is the course route?

The course route will be released as in January 2026. The 10K route will be a double loop of the 5K route. The course will feature a USATF Certified Timed Race.

What time is each event?

The event times for all events will be released in January with registration. All events will happen in the morning.

What is the pre-registration deadline for the Dash?

3K registration closes on Saturday, April 25th at noon.

5K registration closes on Monday, April 20th at noon.

10K registration closes on Monday, April 20th at noon.

Virtual registration closes on Sunday, April 26th at noon.

Virtual participants must register by Monday, April 13th to receive items before the event. Any virtual participants who registered after Monday, April 13th will have their t-shirt mailed by early June.

Participants can register on-site the day of the event.

Can I register the day of the event? How much does it cost?

Yes! On-site registration begins at 8:00 am. Day-of registration is increased by \$5 compared to pre-registration costs.

3K Walk (Ages 6-13) - \$25

3K Walk - \$40

5K Run - \$45

10K Run - \$45

Is there a minimum age or skill level to participate?

The Dash is a family event, and we encourage people of all ages and skill levels to participate. Participants under the age 18 must have a legal guardian read the waiver when purchasing registration on their behalf. The Kids Fun Run is for children 6 and under.

When do I get my T-shirt?

ATTENDING IN-PERSON: In-person registered attendees will have their shirts available for pickup at the Donor Dash T-shirt tent, or can pick up their shirt at our optional Packet Pickup. All pre-registered participants are guaranteed a t-shirt. Any in-person participants can pick up their shirts at the t-shirt tent on site. All other participants will be given T-shirts on a first come, first served basis. T-shirts can be picked up at the t-shirt tent until 12:00pm

ATTENDING VIRTUALLY: Any virtual participants who registered before Monday, April 14 will have their t-shirt mailed to them the week of the Donor Dash! Any virtual participants who registered after Monday, April 14 will have their t-shirt mailed by early June.

In the event you were unable to get your t-shirt at the Donor Dash, please email dash@donors1.org. They will mail you a shirt after the Donor Dash for the size on your registration.

How do I get to the Philadelphia Navy Yard?

Click [here](#) for driving directions and for information about public transportation.

Will there be a place for me to store my belongings?

We have no place to store personal belongings. Please plan accordingly.

What if it's raining?

The Donor Dash is a rain or shine event. Registration fees are non-refundable and non-transferable. In the event of inclement weather (e.g., lightning) or other conditions that may affect the safety and health of participants, race officials reserve the right to delay, postpone or cancel the race.

Where can I park?

There is free street parking around the Navy Yard campus, along with parking lots. We encourage carpooling for groups attending and allow extra time for parking!

Secured lots available for free parking will be noted in the **Know Before You Go, posted and sent via email 2 weeks before the Dash!** Parking Assistants will be on site to help the flow of traffic.

Note that the parking lots NOT secured for the Donor Dash are private and reserved for Navy Yard businesses. Please do not park in unauthorized lots. Parking in unauthorized lots may result in your vehicle being towed.

RACE QUESTIONS

Can I run with a stroller?

No, **strollers are not allowed in the 10K and 5K runs** for the safety of runners. Strollers are allowed on the 3K walk.

Can I bring my dog to the Dash?

No. **We ask that participants leave all pets at home on the day of the event,** unless it is a service pet.

Can I walk in the 5K run?

If you plan walking, we suggest registering for the 3K walk that most attendees participate in.

Please note, if you're choosing to walk the 5K run, do not walk in groups as it makes it hard for runners to pass walkers in bottleneck areas. Also, stay towards the back at the start of the race to allow runners space to get ahead of the road. 10K runners will be coming up behind you on their second loop of the path as well, so we strongly encourage registering for the 3K walk if you anticipate on walking.

Stollers are not permitted in the 10K and 5K runs but are permitted in the 3K walk.

Can I do the 10K/5K run, then join the 3K walk?

Yes! Many runners join their family and friends on the 3K walk after their main event. **Runners are welcome to join in the walk-** we space out the run times to allow most runners to get back and rest before the walk begins. If you are registered for the 10K or 5K, you do not need to re-register for the 3K walk.

Does everyone get a medal?

Only 10K and 5K runners receive a finisher medal at the finish line. 3K walkers do not receive a finisher medal. 10K and 5K runners pay a higher registration fee to offset the cost of medals. Virtual participants will be contacted the week of the Donor Dash to upload their virtual race time to receive a finisher medal in the mail.

Kids participating in the Kids Fun Run for ages 6 and under will receive a small medal.

I'd like to change my event type. What do I do?

Please email Dash@donors1.org with the name of the registrant and what event type they'd like to switch to. You can switch races with no additional charges, but there will be an upcharge to switch from the 3K walk to a run. Participants changing from a run to the 3K walk will not be refunded the price difference of events. Please note, there are no refunds for the Donor Dash. 10K and 5K runners are welcome to participate in the 3K walk after the completion of their race at no additional charge.

How does my child participate in the Kids Fun Run?

The Kids Fun Run is for children 6 and under. Please report to the Kids Fun Run feather flag in the middle of the Marine Parade Grounds 10 minutes before the Kids Fun Run Start Time. We will have volunteers to direct you to sign the participant waiver, and then line up to participate in the race. All participants of the Kids Fun Run will receive a kids medal.

I won an award in the race. How do I receive my prize?

If you placed as a top finisher for your age group, your award will be mailed to the address given at registration after the Donor Dash. Finisher medals will be handed out at the finish line. Overall and age group awards will not be handed out at the event and will be mailed 2 weeks after the event.

TEAM QUESTIONS

Will Team Signs be provided at the Dash?

Yes! Team signs are available on the day of the Dash in our Team Sign area. Team Captains are invited to visit this area to collect their sign for their team.

Can I get an official Dash Team Photo?

Official Team Photos are available on the day of the Dash! Visit the designated "Team Photos" area with your team and check in with one of our Team Photo volunteers. They will direct you and your team to a photographer to take your photo. Photos will be available on Facebook after the event.

I am registered as an individual by accident. Can I still join a team?

Yes! After you register, the Donor Dash staff can assist with adding you to a team. Please contact us at Dash@donors1.org and we can assist you in updating your individual or team status.

DONOR DASH WEBSITE AND FUNDRAISING QUESTIONS

I forgot my Password. How can I reset it?

Visit www.donordash.org and click "SIGN IN" in the top right corner. Click "Forgot Password", and you will be sent a link to reset your password. You can also click "Get Magic Link" to receive a password-free sign in link via email. If you still have problems, please contact us at Dash@donors1.org

If I had a team page last year, do I need to re-create my team page?

Yes, since it's a new Dash year, you'll need to make a new team page for the 29th Donor Dash. Please contact dash@donors1.org if you'd like us to send you what was posted on your 2025 Dash team page!

Is my registration fee included in my total fundraising amount?

No, registration fees cannot be used towards a participant's fundraising goal. In addition, registration fees will not be counted towards a participant's attainment of an incentive prize.

Who should I make checks out to?

Please make all checks payable to "Transplant Foundation."

Checks can be mailed to:
Gift of Life Donor Program
ATTN: Donor Dash
401 N. 3rd Street
Philadelphia, PA 19123

Mailed in donations can be added to an individual or team's fundraising goals! Please note the individual or team name with the check.

How do I get access my Fundraising page?

Once you have registered, you can claim your fundraising page to start fundraising. Please look for a separate email titled "*Welcome to 29th Annual Gift of Life Donor Dash!*" This email will contain a link to set up your fundraising page and create your account. If you do not receive this email, please check your "Spam" or "Promotions" tab. If you do not receive your welcome email, reach out to Dash@donors1.org and we will assist you!

Are donations tax deductible?

Contributions made in support of The Transplant Foundation are tax-deductible to the fullest extent allowable by law. The Transplant Foundation is a not-for-profit organization as described in section 501(c)(3) of the Internal Revenue Code. Official registration and financial information may be obtained from the Pennsylvania Department of State by calling 1(800) 732-0999. Registration does not imply endorsement.

The below amounts of your registration is tax exempt-

3K Walker (Ages 6-13): \$15.00

3K Walker: \$30.00

5K Runner: \$30.00

10K Runner: \$30.00

Virtual Walker/Runner: \$25.00

Is there a minimum amount a team needs to raise?

There's no fundraising minimum a team needs to raise.

When will I receive my fundraising incentive prize?

If you raised enough money to qualify for an incentive prize, **please allow 8-10 weeks after the Dash for delivery of your incentive prize** to the address you registered with.

Can friends and family donate to a Participant by going through the main website?

Yes. On the home page of the website, click "Donate Now". During the donation process, enter the participants name you would like to support. You can also visit the participants fundraising page directly and click "Donate Now".

How can I see who has donated to me?

On DonorDash.org, make sure you are logged in. From there, click "Go to" next to the login link. Select your fundraising page and then click "Manage". On this page, click the "Donation" section to see who donated to you.

Why is the "Participant Search" not finding a Participant that I know has registered?

You must type in the first name or last name of the Participant exactly how it is spelled. It is not case sensitive. If you still have problems, please contact us at dash@donors1.org and we will help.

[Check out our Fundraising Tutorial if you have more questions!](#)

INVOLVEMENT QUESTIONS

How can I volunteer to help at the Dash?

Volunteer signups for the Donor Dash will open in late February! The Volunteer Sign Up Form will be available on the DonorDash.org website under the "Link Library" section. If you have any questions, please email ambassadors@donors1.org and Gift of Life's Volunteer Coordinator will get back to you.

Check out our [Gift of Life Volunteering](#) if you'd like to become an ambassador and stay involved year round!

How can I learn more about organ and tissue donation, Gift of Life or getting more involved?

Visit our website at www.donors1.org. From here you can view information on stories, volunteering and Gift of Life Howie's House.

I have additional questions. How can I contact the event organizers?

Please email the event organizers at dash@donors1.org.
