Pre-Dash Volunteer Opportunities

April 12-14 at Gift of Life Donor Program
Wednesday 5-7pm, Thursday 5-7pm, or Friday 10-4

Leading up to the Dash there are several behind the scenes tasks that need to be completed. These include: labeling bibs with runners information, alphabetizing bibs, organizing event T-shirts, putting together bib and T-shirt packages for teams to pick up at packet pick up, and other miscellaneous tasks.

Packet Pick up

April 15 at Gift of Life Donor Program
Shift time 3.5 hours (two shifts 8-11:30am and 11:30am-3pm)

This is where Dash participants can pick up their bib and Dash shirt before the event. There are several volunteer opportunities within Packet Pick up: Traffic control, Greeter, Registration, Bib Distribution, T-shirt Distribution, and Day of Event registration.

Day of Dash Volunteer Opportunities

For all volunteers: Please arrive 15 minutes prior to your scheduled time to allow time to check in, get your volunteer sweatshirt, grab a refreshment, and walk to your designated area.

Set-up
Arrive 4:00am
Shift time 2-3 hours

This role will help Gift of Life staff setup all areas of the Dash. When you arrive on site and check in, you will be directed to assist with unloading our equipment truck or helping to organize a specific area of the Dash. This could include putting up pop-up tents, setting out event T-shirts, unloading cases of water and refreshments and more. Please only sign up for this role if you can lift 50lbs and handle light physical labor.

Volunteer Assistant
Arrive 5:30am
Shift time 2-3 hours

This position will assist our volunteer coordinator on the day of the Dash by guiding volunteers to their assigned area. Assisting the volunteer coordinator in this way will ensure the volunteer check in process runs smoothly and the volunteer coordinator is available to answer questions and assist volunteers. This position will be given a site map leading up to the event to be familiar with where things are. When all volunteers are set, you could be assigned as a fill in at a different area that needs assistance.

On-Site Registration
Arrive on site 6:00am
Shift time 2-3 hours

This is where runners and walkers who haven't registered can register for the event. In this role you will guide runner through the registration process on their cell phone or an available computer. You may also need to process a cash or check registration.

Pre-Registered Runners Check-in
Arrive on site 6:00am
Shift time 2-3 hours

This is where pre-registered runners will check in. We will have all pre-registered runners bibs separated by last name and broken down into manageable stacks in alphabetical order. When a runner checks in, you will find their bib and hand it to them. If a runner checks in and doesn't have a bib, we will create one for them on the spot.

T-Shirt Tent
Arrive on site 5:30am
Shift time 2-3 hours

This is where participants will receive their T-shirts for the event. When a participant comes to your tent, please ask them what size T-shirt and either grab it or ask one of the T-shirt runners to grab it for you.

Gift of Life/Tribute Area/Family House
Arrive on site 5:30am
Shift time 5-6 hours

While working at the Gift of Life tent, your primary role will be to hand out information about Gift of Life Donor Program and assist people in registering as donors. This may look like discussing programs and services, helping people figure out where they need to go and directing people to the proper tents: Day-of Registration, Pre-Registered Runners, or T-shirt/Pre-registered Walkers will be the main ones.

This area of the Dash is also where people can go to tell us who they are "Dashing" for. Your role is to encourage Dash participants to share their connection to donation or transplantation. Ask individuals to fill out the form, "I Dash for……" and then help them attach the paper to the clothesline.

Team Sign Assistant
Arrive on site 5:30am
Shift time 5-6 hours

This is the area of the Dash where team captains can come to pick up their team sign. In this role, you will be responsible for assisting the team sign leader in distributing team signs. If a team does not have a sign, we will have an area where we will make them one.

Team Village Assistant
Arrive on site 6:00am
Shift time 3-4 hours

This role will work in our Team Village tent and act as a concierge to our top teams invited to be in the Team Village. This may include greeting top teams, showing them to their designated area, gathering team T-shirts and bibs, retrieving their team sign, assisting with refreshments, and answering any questions they may have during the event. The volunteers who act in this role should be a self-described "people person" and love to be a helper.

Photographer Assistant
Arrive on site 5:30am
Shift time 5-6 hours

This is the area of the Dash where teams take a group photo. You will be located at the foot of the Art Museum steps to help the photographers gather & stage team members before, during and after the race. Team photos will be taken on a first-come, first-serve basis.

Heartman and Assistants
Arrive on site 6:30am
Shift time 2 hours (2 shifts 6:30- 8:30 and 8:30-10:30)

Your role is to dress as Heartman and/or act as his Handler (volunteers work in pairs). The ideal height for a person dressing as Heartman is between 5'4" and 5'11" so that they are able to see through the eyes and properly handle the arms. Anyone dressing as Heartman should be accompanied by an "assistant" at all times. The assistant will help Heartman navigate his way around and will make sure that Heartman stays out of harm's way (including children running at him from behind)!

No one who has received an organ, has a suppressed immune system, has serious asthma, or has any other serious medical condition that could be exacerbated by the costume may dress as Heartman. We will provide you with a schedule of events and locations where Heartman will need to be for photos.

Food Tent
Arrive on site 6:30am
Shift time 3-4 hours

This is where participants will come to get water and snacks during the event. Your primary responsibility will be to help set up the food, hand out food and drinks to participants, keep the area clean during the event and to help break down the area. Food to be distributed includes: bananas, granola bars, water and juice.

Water Distribution
Arrive on site 5:30am
Shift time 5-6 hours

You will be distributing water to the runners on the course during the event. We will set up 2 water stops on the course and one at the finish line. Water stop volunteers will be taken out to the course while we are dropping off the supplies for the water stops.

Course Patrol/Cheerleader
Arrive on site 5:30am
Shift time 5-6 hours

Your job during the race/walk is to keep traffic moving on the correct sides of the course so that walkers are not interfering with runners. Please make sure that the walkers stay to the right-hand side so that they do not get in the way of the returning runners. You will be spread along the length of the course and will work with the race consultant where needed.

Kids Fun Run
Arrive on site 7:00am
Shift time 1-2 hours

In this area, you will help the Kids Fun Run captain set up the course by placing fencing along a straight path, giving the kids a long stretch to run down. After the course is set, you will need to help organize the kids into groups of runners, have each parent sign the participation waiver for the race and show parents where they can meet their child at the end of the race.

Clean Up
Arrive on site 10:00am
Shift time 1-2 hours

You are responsible for ensuring all areas are clean and materials are returned to the truck. We will have a schedule of when each area needs to be broken down.