

AKA FOUNDATION OF
CENTRAL PENNSYLVANIA, INC.

It's About
YOU
COMMUNITY
HEALTH &
WELLNESS
EXPO

In Collaboration with
ALPHA KAPPA ALPHA SORORITY, INC.
EPSILON SIGMA OMEGA CHAPTER

**SATURDAY,
OCTOBER 8, 2022**

9:00 am – 2:00 pm
Scottish Rite Cathedral
2701 North Third Street
Harrisburg, PA 17110

FREE TO THE PUBLIC!

GIVEAWAYS & PRIZES

Gas Card to First 50 Attendees

- Grocery Store Gift Cards • Recyclable Grocery Bags • Yoga Mats
- Children's Books • Utility Bill Payment Giveaway • Smart TV Giveaway

FREE HEALTH SCREENINGS

- Blood Pressure • Blood Sugar • Cholesterol
- Sickle Cell Blood Screening

FITNESS

- Yoga • Zumba
- Zoombalicious

FREE VACCINES

- Flu Shots
- Covid-19 Vaccines and Boosters
- Free at Home COVID-19 Test

HEALTH & WELLNESS RESOURCE EXHIBITORS

- Access in Healthcare
- Ask the Doctors
- Baby Love Program
- Breast Health
- Cancer Awareness, Prevention & Detection
- Dental Care
- Diabetes Education
- Energy Conservation Resources
- Gift of Life Donor Program
- Hands Only CPR Demonstration
- Healthy Lifestyles
- Healthy Start Pediatric Program
- Heart Health
- Low Income Home Energy Assistance Program
- Mammogram Scheduling
- Men's Health
- Men & Women Hair Care
- Mental Health
- Narcan Demonstration
- Nutrition & Wellness
- PA Shop for Natural Gas
- PA Shop for Electricity
- Prostate Cancer Awareness
- Sickle Cell
- Water Conservation Kits
- Women's Health



For more information, visit www.akafoundationofcentralpa.com.

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