



EMPOWERED THROUGH HEALTHY LIVING

2018 WOMEN'S HEALTH CONFERENCE

Saturday, October 6th
8:00am - 3:30pm

New Covenant Church of Philadelphia
7506 Germantown Avenue
Philadelphia, PA 19119

Cost: It's **FREE!**

ONLINE REGISTRATION

Visit www.womenshealthnccop.eventbrite.com
to complete your registration

OR

Visit www.nccop.church (look for this flyer on
the home page and click the **RED** or **PINK** button
under it for registration).

*Pre-registration recommended for adequate lunch
* Walk-ins accepted



PROGRAM

8:00am-12:00pm

Registration

Blood Pressure Screenings
(conducted for duration of Conference)

8:00am-8:30am

Cholesterol Screenings
(pre-registration required, fasting necessary prior to screening)

9:00am-9:30am

Yumba Class

Ms. Denise Worthington & Mr. Nicholas Walker

9:00am-9:00am

Gift Of Life Donor Program & Panel Discussion

Ms. Leslie S. Jean-Mary (Multicultural Outreach
Coordinator-Community Features)

10:00am-10:15am

WELCOME

Rev. Dr. Hyacinth Both Granum, First Lady Denise Oler
(New Covenant Church of Philadelphia)
& Ms. Courtney L. Reed (Einstein Healthcare Network)

10:15am-10:30am

Introduction of Emcee
Ms. Felicia Garlow

10:30am-10:30am

Introduction of Keynote Speaker

Ms. Cheryl Gragg, Esq., Community Affairs Reporter,
KYN Newsradio 1080

10:30am-11:00am

Ms. Cecilia Garfield

"From Pain to Power: How to Own Your Body, Find Your
Voice and Become Your Own Advocate Over Your Health."

11:00am-11:00am

Introduction of Panel Speakers

Ms. Cheryl Gragg, Esq., Community Affairs Reporter,
KYN Newsradio 1080

11:00am-12:00pm

Empowered Through Healthy Living

Dr. R. Chaudhry - Cardiology

Dr. R. Collins - Psychology

Dr. L. Jahan - Breast Surgery

Dr. A. Rosenzweig - Neurology

Dr. K. Stampler - Obstetrics & Gynecology

Q&A Session

12:15pm-12:45pm

LUNCH IS FREE

1:00pm-1:00pm

WORKSHOP - SESSION 1

2:00pm-2:00pm

WORKSHOP - SESSION 2

3:00pm-3:30pm

Raffle / Closing Remarks