

Hearts of Gold

2018 calendar

January 10, 2018

6:30-8:00pm

Planning for the Social

February 14, 2018

6:30-8:30pm

Annual Social

Enjoy dinner with Hearts of Gold and hear stories from other donor families and recipients.

March 14, 2018

6:30-8:00pm

**Getting ready for
Donate Life Month**

April 11, 2018

6:30-8:00pm

Signs from Our Loved Ones

Do we receive signs? How do we know it's a sign?
What do we look for? How can I be more open to
receiving a sign from my loved one?

May 9, 2018

4:30-7:00pm

"Home Cook Heroes"

**Cooking at Gift of Life Family House
401 Callowhill Street**

June 13, 2018

6:30-8:30pm

Second Year of Grief and Beyond

Discuss how grief changes and learn
ways to cope and grow.

All monthly meetings and
special programs take place at the
Gift of Life Donor Program Office:
401 N. 3rd Street, Philadelphia, PA 19123

July 11, 2018

4:30-7:00pm

"Home Cook Heroes"

**Cooking at Gift of Life Family House
401 Callowhill Street**

August 15, 2018

6:00-8:30pm

**Annual Ice Cream Social &
Memory Box Workshop**

Note the different week!

September 12, 2018

4:30-7:00pm

"Home Cook Heroes"

**Cooking at Gift of Life Family House
401 Callowhill Street**

October 10, 2018

6:30-8:30pm

Mindfulness 101

Explore the key elements of mindfulness and
learn meditation and awareness exercises.
No prior experience is necessary.

November 14, 2018

6:30-8:00pm

Planning for our 2019 events!

December 12, 2018

4:30-7:00pm

"Home Cook Heroes"

**Cooking at Gift of Life Family House
401 Callowhill Street**

**To RSVP for monthly meetings or special programs,
please contact Leslie Coleman at lcoleman@donors1.org or
by calling 1-800-366-6771, ext. 1113.**

All events are free to attend and parking is provided at no cost.