

Hearts of Gold

2019 calendar

January 9, 2019

6:30-8:00pm

Planning for the Social

February 13, 2019

6:30-8:30pm

Annual Social/Family Game Night

Enjoy dinner with Hearts of Gold and play some fun games with your family and ours

March 13, 2019

6:30-8:30pm

Mindfulness 101

Explore the key elements of mindfulness and learn meditation and awareness exercises.

No prior experience is necessary.

April 10, 2019

6:30-8:30pm

Understanding Tissue Donation

Learn more about how tissue gifts transform lives. Special guests from MTF Biologics and Gift of Life's Transplant Information Center.

May 8, 2019

4:30-7:00pm

"Home Cook Heroes"

Cooking at Gift of Life Family House
401 Callowhill Street

June 12, 2019

6:30-8:30pm

Signs from Our Loved Ones

Do we receive signs? How do we know it's a sign? What do we look for? How can I be more open to receiving a sign from my loved one?

All monthly meetings and special programs take place at the Gift of Life Donor Program Office:
401 N. 3rd Street, Philadelphia, PA 19123

July 10, 2019

4:30-7:00pm

"Home Cook Heroes"

Cooking at Gift of Life Family House
401 Callowhill Street

August 14, 2019

6:00-8:30pm

Annual Ice Cream Social & Memory Box Workshop

September 11, 2019

4:30-7:00pm

"Home Cook Heroes"

Cooking at Gift of Life Family House
401 Callowhill Street

October 16, 2019

6:30-8:30pm

Second Year of Grief and Beyond

Discuss how grief changes and learn ways to cope and grow.

November 13, 2019

6:30-8:00pm

Planning for our 2020 events!

December 11, 2019

4:30-7:00pm

"Home Cook Heroes"

Cooking at Gift of Life Family House
401 Callowhill Street

To RSVP for monthly meetings or special programs, please contact Leslie Coleman at lcoleman@donors1.org or by calling 1-800-366-6771, ext. 1113.

All events are free to attend and parking is provided at no cost.